

# 7th International Conference on **Food & Nutrition**

29th & 30th June 2024

*Malaysia*

Theme of the Conference

*Culinary Diversity and Health: A Global Perspective*

*Virtual Agenda*  
*30th June 2024*

Scientific Partner



Academic Partner



**CONFERENCE SCHEDULE****30.06.2024 – Day 2**

<b>TIME (MYT)</b>	<b>EVENT</b>	<b>SPEAKERS</b>
	<b>INAUGURATION</b>	
11:10 AM-11:30 AM	<b>Keynote-1</b>	<b>Dr. Dilip Ghosh</b> Director Nutriconnect Sydney, Australia
11:30 AM-11:50 AM	<b>Keynote-2</b>	<b>Prof. Mrs. B. Andallu</b> Honorary Professor Dept. of Food and Nutritional Sciences Sri Sathya Sai Institute of Higher Learning, India
11:50 AM - 12:10 PM	<b>Keynote-3</b>	<b>Dr. Ir. Joni Kusnadi</b> Director of Halal Inspection Institute Food Science and Technology Indonesia
12:10 PM - 12:30 PM	<b>Keynote-4</b>	<b>Dr Archana Ainapura</b> Vice president Wellness and Nutritional Sciences Texas School of Mental Health India
12:30 PM - 12:50 PM	<b>Keynote-5</b>	<b>Mr. Widya Putra</b> Chief Executive Officer (CEO) Meatless Kingdom Indonesia
12:50 PM - 01:10 PM	<b>Keynote-6</b>	Dr Abhishek Mathur Sr. Scientist Jiwaji University Gwalior, India
01:30 PM Onwards	<b>Oral/ Poster Presentations</b>	

**Day 2 – Main Hall****Session Chair:****Dr Archana Ainapura** : Vice President, Wellness and Nutritional Sciences, Texas School of Mental Health,India**Dr. Mannur Ismail Shaik** : Lecturer, Faculty of Fisheries and Food Science, Universiti Malaysia Terengganu,Malaysia**Prof. Ruchu Kuthiala** : HOD, School of Sciences, Nutrition and Psychology ,Pimpri Chinchwad University,India**June 30<sup>th</sup> 2024, Time:1:30 PM Onwards**

	Allotted Time (MYT)	Title of Paper	Author	Presentation Type	Name of Organization
1	01:30 PM - 01:40 PM	Sensory, Textural and Nutritional Qualities of Papads made from organic rice flours	Kamaldeep Kaur	E-Oral	Guru Nanak Dev University
2	01:40 PM - 01:50 PM	Cassia Tora and Alzheimer's: A Natural Approach to Neuroprotection	Shraddha Vyas	E-Oral	P.K.University Shivpuri
3	01:50 PM - 02:00 PM	Nutritionalgenomics	Swati V Patel	E-Oral	National Health Care Academy
4	02:00 PM - 02:10 PM	Mislabeled in Indianhealth food market: Market survey and analytical	Shreya P Sarathy	E-Oral	Sri Sathya Sai Institute of Higher Learning
5	02:10 PM - 02:20 PM	Detection of re-usedcooking oil through Micro-Raman spectroscopy	Amrita Shaw	E-Oral	Sri Sathya Sai Institute of Higher Learning
6	02:20 PM - 02:30 PM	Gymnema sylvestre for the management of storage pathogens: process optimization, comprehensive profiling, in vitro and in silico analysis	Aditi Kundu	E-Oral	IARI, Pusa, New Delhi
7	02:30 PM - 02:40 PM	A Study on Anthropometry	Aishwarya R	E-Oral	Govt College for Women

		Characteristics, Health Profile and Performance of Female Sports persons in Kerala			
8	02:40 PM - 02:50 PM	Sexual and Reproductive Health Education is an Effective Way to Empower Adolescent Girls: A Rapid Review	BR Abha Ayushree	E-Oral	Rama Devi Women's University, Bhubaneswar
9	02:50 PM - 03:00 PM	Finger Millet [ <i>Eleusine coracana</i> (L.)]: A Potential Crop to Alleviate the Calcium Deficiency in Astronauts.	Akanksha Singh	E-Oral	Uttaranchal University Dehradun
10	03:00 PM - 03:10 PM	Impact of Different Cooking Methods on the Nutritive Value and Sensory Palatability of Microgreens	Tabitha Ramona Christian	E-Oral	St. Francis College for Women, Hyderabad
11	03:10 PM - 03:20 PM	Naturopathic Diet and its Implications on Maternal and Child Health	Sakilam Vaishnavi	E-Oral	Gandhi Naturopathic Medical College
12	03:20 PM - 03:30 PM	Ayurvedic Ahar : An Affirmative Ancient Artifact	Dr. Shyamjith .N	E-Oral	All India Institute Of Ayurveda, Dhargal, Goa
13	03:30 PM - 03:40 PM	Nutritional Characterization and Application of Cocoa Mucilage for Low-Cost Microbial Culture Media	Kandlakunta Sumana Mounya	E-Oral	GITAM (deemed to be university)
14	03:40 PM - 03:50 PM	Nutritional Evaluation of Forbidden Black rice of different regions of India – An emerging	Harini M	E-Oral	JSS Academy of Higher Education & Research

		Superfood.			
15	03:50 PM - 04:00 PM	Alternative Proteins: Sustainable and Healthy Asset for Vegan Diet	DrSangeeta	E-Oral	Ramabai Government Women P.G. College, Akbarpur-Ambedkar
16	04:00 PM - 04:10 PM	Preparation and Sensory Evaluation of Iron and Calcium Rich Energy Bar Using Ragi and Kodo Super Food	Archana Anand	E-Oral	Magadh University Bodh Gaya
17	04:10 PM - 04:20 PM	Enhancing Lifestyle Practices in Overweight and Obese Adolescents through a Parent-Involved Multi-Component Intervention Programme	Shycil Mathew	E-Oral	Father Muller college of Nursing
18	04:20 PM - 04:30 PM	The Ayurvedic Kitchen: Essential Ingredients and Their Medicinal Uses	Ranjana Sinha	E-Oral	Magadh University, Bodh Gaya
19	04:30 PM - 04:40 PM	Formulation of Tortilla Chips from Kodo and Finger Millet	Abhishek Rathour	E-Oral	The Maharaja Sayajirao University of Baroda
20	04:40 PM - 04:50 PM	Household Preferences for Organic Agricultural Products- A Study In The Urban Context	Arjun s krishna	E-Oral	Amrita School Of Business
21	04:50 PM - 05:00 PM	Understanding Hedonic Hunger: Psychological and Behavioural Implications	Ms Keshvi Pandya	E-Oral	The Maharaja Sayajirao University of Baroda
22	05:00 PM - 05:10 PM	Comparing the microbial decontamination and other quality attributes of pulsed light and microwave treatments of	Anshul Dhawan	E-Oral	Institute of Chemical Technology, Mumbai

		whole white buttonmushroom			
23	05:10 PM - 05:20 PM	Isolation and Production of Sorbic Acid & Its Salts as Food Preservative	Shubham	E-Oral	Academy of Research & Education Krishnankoil,
24	05:20 PM - 05:30 PM	Study of nutraceutical properties of high altitude plants of North West Himalayan Garhwal region	Meenakshi Sharma	E-Oral	Xenesis
25	05:30 PM - 05:40 PM	A Study on Hygiene Status and Food Handling Practices Among Street Food Vendors from Vadodara City, Gujarat India	Maulik Mehta	E-Oral	The Maharaja Sayajirao University of Baroda
26	05:40 PM - 05:50 PM	Glycaemic Index and Lipemic Response of Foxnut (Euryale Ferox) Flour Incorporated Recipes	Himanshi Joshi	E-Oral	The Maharaja Sayajirao University of Baroda
27	05:50 PM - 06:00 PM	To Assess the Knowledge of Lactating Mothers Regarding Exclusive Breastfeeding	Rekha kumari	E-Oral	Magadh University , Bodhgaya.

**Day 2 – Hall A**

**Session Chair:**

**Dr.Murugesan Sannasi** : Associate Professor, Nanju Maruthuvam (Siddha Toxicology),India

**Neetu Yadav**: Assistant Professor, Food and Nutrition, Swami Vivekanand Subharti University,India

**June 30<sup>th</sup> 2024, Time 1:30 PM Onwards**

<b>S. No</b>	<b>Allotted Time (MYT)</b>	<b>Title of Paper</b>	<b>Author</b>	<b>Presentation Type</b>	<b>Name of Organization</b>
1	01:30 PM - 01:40 PM	Interrelationship between functional properties of flaxseed mucilage for exploitation in food and nutrition industry	Dr Ekta	E-Oral	CCSHAU, Hisar
2	01:40 PM - 01:50 PM	Association Between Waist Circumference, Visceral Fat And HBA1C In Type 2 Diabetes Mellitus	Anindita Biswas	E-Oral	Hemchand Yadav Univesity, Durg, (C.G)
3	01:50 PM - 02:00 PM	Optimization and Characterization of Protein-Energy Bars: Integrating Response Surface Methodology for Nutritional Diversity and Sensory Evaluation Techniques	Kanchi Baria	E-Oral	The Maharaja Sayajirao University of Baroda
4	02:00 PM - 02:10 PM	A Research Agenda for Colostrum Supplement Manufacturing: Insight from a Scoping Review	Tinashe Mutirori	E-Oral	Stellenbosch University
5	02:10 PM - 02:20 PM	A cross sectional study to assess mindful eating among university students in selected Nursing College, Karnataka	Sathana G	E-Oral	College of Nursing Sciences, Dayananda Sagar University Bangalore

6	02:20 PM - 02:30 PM	Nutritional Profiling and Functional Properties of Hull-less Pumpkin Seed Oil: Exploring the effect of Extraction Techniques	Shivani Kumari	E-Oral	Punjab Agricultural University
7	02:30 PM - 02:40 PM	The Prime Role of Prebiotic Herbs that Fortify the Probiotics in Gut Health	Priyadharshini.P	E-Oral	Sri sairam siddha medical College and research center
8	02:40 PM - 02:50 PM	“Effect of garlic intake in daily consumable dosage on high-fat diet and streptozotocin- induced diabetic Charlesfoster rats”	Ayu Singh	E-Oral	Banaras Hindu University
9	02:50 PM - 03:00 PM	Grain Banks: Empowering Women and Ensuring Food Security - A Case Study from Uttar Pradesh	Vaishali Sharma	E-Oral	O.P. Jindal Global University
10	03:00 PM - 03:10 PM	Dietary Calcium Intake and Serum Calcium Levels in Early Adolescents of Hullimavu village, SouthKarnataka, India	Chandana M	E-Oral	JSS Academy of Higher Education and Research
11	03:10 PM - 03:20 PM	Augmenting the quality and storage stability of soymilk incorporated with untreated and modified oat $\beta$ -glucan	Prabhjot Kaur	E-Oral	Punjab Agricultural University, Ludhiana
12	03:20 PM - 03:30 PM	Raw Banana Flour- Underutilized Functional Food	Dr Anupama Kaushik	E-Oral	DeenDayal Upadhyay Gorakhpur University Gorakhpur
13	03:30 PM - 03:40 PM	Impact of pulsed light	Kosana Pravallika	E-Oral	Institute of Chemical

		intensities on microbiological, enzymatic and physicochemical attributes of fresh and dried whole chilies ( <i>Capsicum annuum</i> var. <i>longum</i> )			Technology
14	03:40 PM - 03:50 PM	Management of Diabetes Mellitus in Siddha System of Medicine – A Review	Dr.E.Ponmalar	E-Oral	Sri Sairam siddha medical College and Research Centre
15	03:50 PM - 04:00 PM	In silico Studies Of Some Common FDA Approved Drugs Against Fungal Protein	Dr.Neha Mathur	E-Oral	Amity university Lucknow Uttar Pradesh
16	04:00 PM - 04:10 PM	Sustainable Agriculture and Nutrition: Enhancing Food Security and Public Health	Dr. Kavita Yadav	E-Oral	Xenesis, Absolute Foods, Gurugram, Haryana
17	04:10 PM - 04:20 PM	Antimicrobial and phytochemical analysis of different extracts of <i>Lantana camara</i> leaves against pathogenic microbes	Dr Preeti Juyal	E-Oral	Shri Guru Ram Rai University Dehradun
18	04:20 PM - 04:30 PM	Estimation of Carmoisine, A red food colour from Street food in Mumbai using a validated Spectrophotometric method	Aqil Samnani	E-Oral	Kc College, Hsnc University, Mumbai
19	04:30 PM - 04:40 PM	An overview of bioactive compounds in food with anti-diabetic effect	Sadath Fatima	E-Oral	Chaitanya Deemed To Be University

20	04:40 PM - 04:50 PM	Effects of pre-exercise high and low glycemic index meal on metabolic responses and perceived exertion during endurance exercise	Neelam Rathod	E-Oral	The Maharaja Sayajirao University of Baroda
21	04:50 PM - 05:00 PM	Association between Food Preferences and Mood among Adolescents	Dr. Iram Aslam	E-Oral	Aligarh Muslim University
22	05:00 PM - 05:10 PM	The Health Benefits of Brassica Oleracea Microgreens: Nature's Nutritional Treasure	Dr Jalpa A Soni	E-Oral	Arihant School of Pharmacy & Bio Research Institute
23	05:10 PM - 05:20 PM	Effectiveness of Lactation Counselling on lactation outcome among primipara mothers - Pilot Study	Selinamma Devasia Sr Dhanya	E-Oral	Father muller college of nursing
24	05:20 PM - 05:30 PM	Studies on preparation and optimization of blended beverage using lotus root (Nelumbo Nucifera) & Guava (Psidium Guajava L.)	Aanchal Singh	E-Oral	Raja Balwant Singh Engineering Technical Campus
25	05:30 PM - 05:40 PM	Managing Obesity During Perimenopause: The Role of Nutritional Interventions	Shraddha Vyas	E-Oral	P.K.University Shivpuri
26	05:40 PM - 05:50 PM	Exploring the Synergetic Effect of Nutraaceutical and Other Functional Ingredients in Biscuits	Thirunagiri Sathwika	E-Oral	Bangalore University

**Day 2 –Hall B****Session Chair:****Dr.Minal Chauhan** : Assistant Professor, Foods and Nutrition Department, S.M.Patel College of Home Science,India**Dr. Jhinuk Gupta:** Assistant Professor, Food and Nutritional sciences, Sri Sathya Sai Institute of Higher Learning, India**June 30<sup>th</sup> 2024, Time 1:30 PM Onwards**

<b>S. No</b>	<b>Allotted Time (MYT)</b>	<b>Title of Paper</b>	<b>Author</b>	<b>Presentation Type</b>	<b>Name of Organization</b>
1	01:30 PM - 01:40 PM	Walnuts Wonder: A Compressive Review onits Therapeutic Role in Managing Depression and Associated health Condition.	Priyanka Sharma	E-Poster	Quantum university Roorkee
2	01:40 PM - 01:50 PM	Organoleptic Evaluation and Proximal Analysis ofProduct Developed from Cissis Quadrangularis And Composite Millets	Khushi Bhati	E-Poster	Manav Rachna International Institute of Research and Studies
3	01:50 PM - 02:00 PM	Enhancement of Monk Fruit Powder Properties through Cold Plasma Treatment: A Comprehensive Analysis	Shreeya Plathia	E-Poster	Institute of Chemical Technology
4	02:00 PM - 02:10 PM	Utilizing Flaxseed as a Nutraceutical AlongsideLifestyle Modifications for PCOS Prevention: A ComprehensiveOverview	Harmanjeet kaur	E-Poster	Quantum University, Roorkee
5	02:10 PM - 02:20 PM	The correlation of perceived health status,sleep pattern, anthropometry and dietary practices among	Kumghatoli Chophy	E-Poster	Manav rachna international institute of research and studies

		college going students in Faridabad			
6	02:20 PM - 02:30 PM	A Comparative Study on Functional and Nutritional Properties of Various Cookie Premixes using Jackfruit Seed Flour	Indu Bhargavi K	E-Poster	St. Francis College for women , Hyderabad
7	02:30 PM - 02:40 PM	Study on Occupational Health, Eating Pattern and Nutritional Status of the Traffic Police Personnel	Harshita Chouhan	E-Poster	Manav rachna international institute of research and studies
8	02:40 PM - 02:50 PM	NUTRIGARDEN – Sustainable Source of Good Health for Rural Women	Dr Jyoti Sinha	E-Poster	Bihar Agricultural University ,sabour, Bhagalpur, Bihar
9	02:50 PM - 03:00 PM	Study on Occupational Health, Eating Pattern and Nutritional Status of the Traffic Police Personnel	Harshita Chouhan	E-Poster	Manav Rachna International Institute of Research and Studies
10	03:00 PM - 03:10 PM	Study on Occupational Health and Nutritional Status of Police Personnel	Yashika Bansal	E-Poster	Manav Rachna University
11	03:10 PM - 03:20 PM	Development of Value Added Momos by Utilization of Colocasia Leaves Powder and Ragi Flour	Soumya Sucharita Sahoo	E-Poster	Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani
12	03:20 PM - 03:30 PM	Comparing Dietary and Lifestyle Habits of Home-Based and Hostel-Based Competitive	Thungdeno B Kikon	E-Poster	Manav Rachna International Institute of Research & Studies

		Exam Aspirants			
13	03:30 PM - 03:40 PM	Assessing Citrus PomaceFortified Wheat Bread for Physicochemical Characteristics	Maha Anwar	E-Poster	Manav Rachna International Institute of Research and Studies
14	03:40 PM - 03:50 PM	A Review on the Connection between Microgreens Nutrition and Food Safety	Jyoti Pachisia	E-Poster	Institute of Management Study, Mukundpur, Kolkata
15	03:50 PM - 04:00 PM	Assessment of “Eat Right India campaign”initiative by FSSAI on college going teachers and students.	Sunakshi chauhan	E-Poster	Manav Rachna International Institute of Research and Studies
16	04:00 PM - 04:10 PM	Formulation and Evaluation of nutrientdense Sugar-free Ramdana (Amaranth Grain) Kheer mix for Elderly Consumption	Zeenat Aman	E-Poster	Acharya Narendra Deva University of Agriculture and Technology